Use the STAR Method



One of the best ways to tell a story in a job interview is to use the STAR method. Use one of the examples below, or create your own question!

The STAR method can answer behavioral questions such as: "Tell me about a time when you..."

- **Had a conflict with one of your team members. How did you handle it?**
- **Had to step up and demonstrate leadership skills.**
- **Managed multiple responsibilities. How did you handle them?**
- **Performed under pressure.**

S: Situation

Describe the situation. Give just the details an interviewer needs to know.

T: Task

Explain the task, or the specific problem you had to solve.

A: Action

Discuss the action you took to solve the problem.

R: Results

Explain the result of your actions. Use specific metrics when you can!